



## NewsSplash December 2016 Edition

Winner "Manufacturing" category for Chamber of Commerce Business Excellence Awards

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### Cloudy Water

#### The Most Reoccurring Problem Faced By Pool Owners

Cloudy Pool Water is caused by tiny particles that are suspended in the water. The main reasons for cloudy pools include:

- **Water balance** - If the water isn't correctly balanced you may face cloudiness.
- **Poor filtration** - There are many reasons for poor filtration, starting with inadequate filter size, inadequate pump size, short filtration cycles and old filter media.
- **Higher bather load** - Bathers obviously bring things like dirt, dust, lint, suntan lotion and skin cells into the pool.
- **Algal bloom**
- **Heavy rain**

The removal of these particles requires treatment and this will depend on the severity of the problem.

An Extremely **cloudy pool may require a flocculent to clear the water as** the large amount of particles will be difficult to filter. Flocculent is used to gather the particles together at the bottom of the pool so they can be vacuumed to waste. (**Beware: More is not better when using flocculent, always follow the recommended dosage.**)

**Slightly cloudy or hazy water is better treated with clarifier**, as it is faster and less of a hassle to use. Clarifier is designed to draw the particles together so as to make the particle bigger and therefore easier to filter.

**Ensure your pool water is balanced (as flocculent and clarifier are PH reliant) and chemical imbalance could be the problem.** Determine the treatment required (always follow dosage rates), when sediment has settled to bottom, carefully vacuum pool to remove as many particles as possible.

**For peace of mind, talk to the experts at Donemans today. We can teach you how to ensure your water balance is always at an optimum level.** Donemans stock an extensive range of products to maintain the correct balance for your pool water. Better still bring in a sample of your pool water for a **FREE** computerised Water Analysis.



### Product of the Month

#### Turbo Clear Smart Pod

Retail \$ 25.95 - On Sale Now \$15



#### Benefits:

- Takes the guess work out of chemical dosing
- Easy to use: just drop & go
- Super Effective – clears within 24 hrs
- 2 pods per pouch

### **Saving is always in season**

A top tip is to **replace your single speed pump** with a multi (or variable) speed pump. They've been engineered to **significantly reduce high electricity consumption** and CO2 emissions. The 5- star rate Speck Badu Eco Touch Pump has a **three speed motor** which allows owners to **set the pump at a low, energy saving flow rate**. The pump **uses almost 80% less energy** than when operating at a standard high flow rate speed. It **won't take long** before it well and truly **pays for itself**.

## ***Donemans Pool Centre – Successful Applicant in the Industry Skills Fund***

The Industry Skills Fund is a highly competitive merit-based programme delivered by the Department of Education. It is a key element in the Australian Government's National Industry Innovation and Competitiveness Agenda. Donemans Pool Centre has been successful in meeting the five merit criteria needed to obtain **Government funding for training and up skilling three (3) Service Technicians.** We are a local Bundaberg business that has been Building, Servicing & Supporting local Pool Owners in the region for the last 36 years. **The Government funding has enabled three (3) Service Staff to complete their Certificate IV in Swimming Pool and Spa Service.** **We are now able to offer a higher quality, accredited Pool Maintenance Service to the many Pool Owners in the Bundaberg area.** We would like to take this opportunity to thank the industry Skills Fund for the Support they give Small Business.



### ***Swimming Keeps You Young*** ***7 health benefits of swimming in your pool***

We all know exercise is good for us, but did you know that swimming works and tones almost every muscle in your body without putting stress on your joints? Better than a gym any day! ***Here's a rundown of some of the health benefits a regular swim can have for you:***

#### **Improves your mental and physical health**

Swimming for 30 minutes three times a week reduces your risk of type 2 diabetes by more than 10 per cent, as well as raising the levels of good cholesterol, which in turn reduces your risk of heart disease. As well as improving your cardiovascular health, the way your brain replaces cells that are lost through stress can be altered through regular swimming, so if you've been feeling a bit down lately, jump in your pool to improve your mood.

#### **Stretches and strengthens the body**

As you swim, with each stroke you are reaching out and therefore lengthening your body, stretching and toning most muscles from your top to your toe. Your arms and shoulders especially get a good workout, as they pull the rest of your body along, while the kicking action from your legs definitely still gives your leg muscles a bit of work.

#### **Anyone can do it!**

Did you know that when you are up to your neck in water, you are only supporting 10 per cent of your total body weight? This means that swimming is very gentle on joints, and therefore is suitable for just about everyone, from the elderly, to the injured and the disabled. Exercise in water is a great way to ease yourself back into things after injury, and provides a safe environment for those with limited movement in their joints.

#### **Keeps you young**

Research conducted has shown those who swim regularly delay the ageing of their body. The study found that the decline of age markers such as muscle mass, blood pressure and chemistry and pulmonary function were delayed for decades in those who swam four kilometres three or four times a week.

#### **Shrinks your waistline**

Swimming is fantastic exercise to incorporate into your regime, particularly if you are trying to lose weight or maintain a healthy weight. It provides both a resistance and cardio workout at the same time, optimal for weight loss! You'll be toned and ready for that bikini / speedo in no time at all.

***So if you want to improve your health and wellbeing, just hop on into your pool and start swimming!***



***Management & Staff of Donemans Pool Centre would like to thank our valued clients for their support during the past year. We wish you & your family a Merry Christmas & a Happy New Year.***